

Summary of recommended **alternative regimens** with treatment durations*

PATIENTS WITHOUT CIRRHOSIS

	Simeprevir / sofosbuvir	Daclatasvir / sofosbuvir	Ombitasvir / paritaprevir / ritonavir / dasabuvir	Ombitasvir / paritaprevir / ritonavir / ribavirin	Sofosbuvir / pegylated interferon / ribavirin
Genotype 1	12 weeks ^a		12 weeks ^b		
Genotype 2		12 weeks			
Genotype 3					
Genotype 4	12 weeks			12 weeks	
Genotype 5					12 weeks
Genotype 6					12 weeks

PATIENTS WITH CIRRHOSIS

	Simeprevir / sofosbuvir	Simeprevir / sofosbuvir / ribavirin	Daclatasvir / sofosbuvir	Sofosbuvir / pegylated interferon / ribavirin
Genotype 1	24 weeks ^a	12 weeks ^a		
Genotype 2			12 weeks	
Genotype 3				12 weeks
Genotype 4	24 weeks	12 weeks		
Genotype 5				12 weeks
Genotype 6				12 weeks

* Treatment durations are adapted from 2015 AASLD and EASL guidelines.

a If genotype 1a-infected patient is positive for Q80K variant, should not choose simeprevir/sofosbuvir regimen

b For genotype 1a-infected patient, treat with ombitasvir/paritaprevir/ritonavir/dasabuvir and ribavirin; for genotype 1b-infected patient treat with ombitasvir/ paritaprevir/ritonavir/dasabuvir.

Genotypes 1 and 4 regimens: strong recommendation, moderate quality of evidence

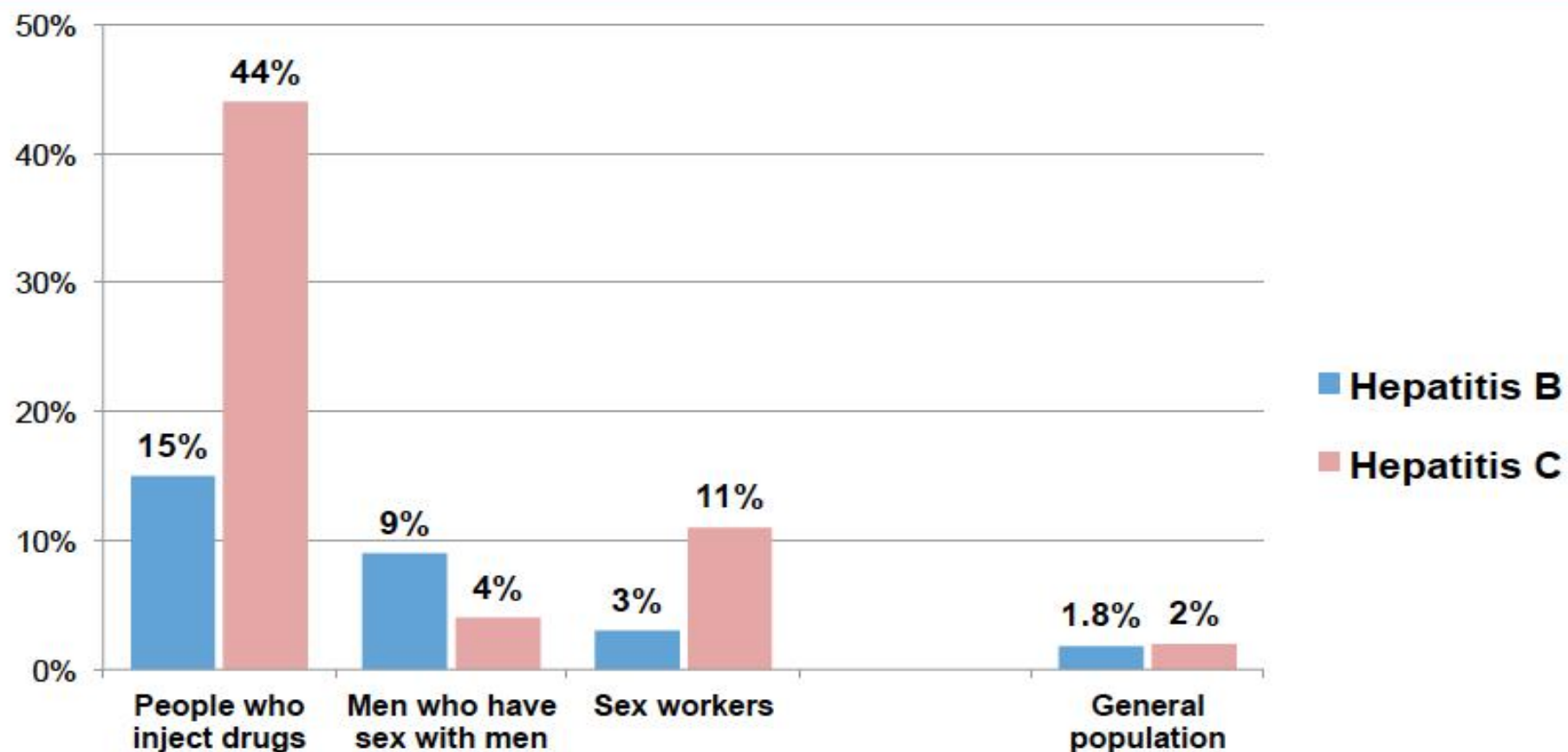
Genotypes 2 and 3 regimens: strong recommendation, low quality of evidence

Genotypes 5 and 6 regimens: conditional recommendation, very low quality of evidence

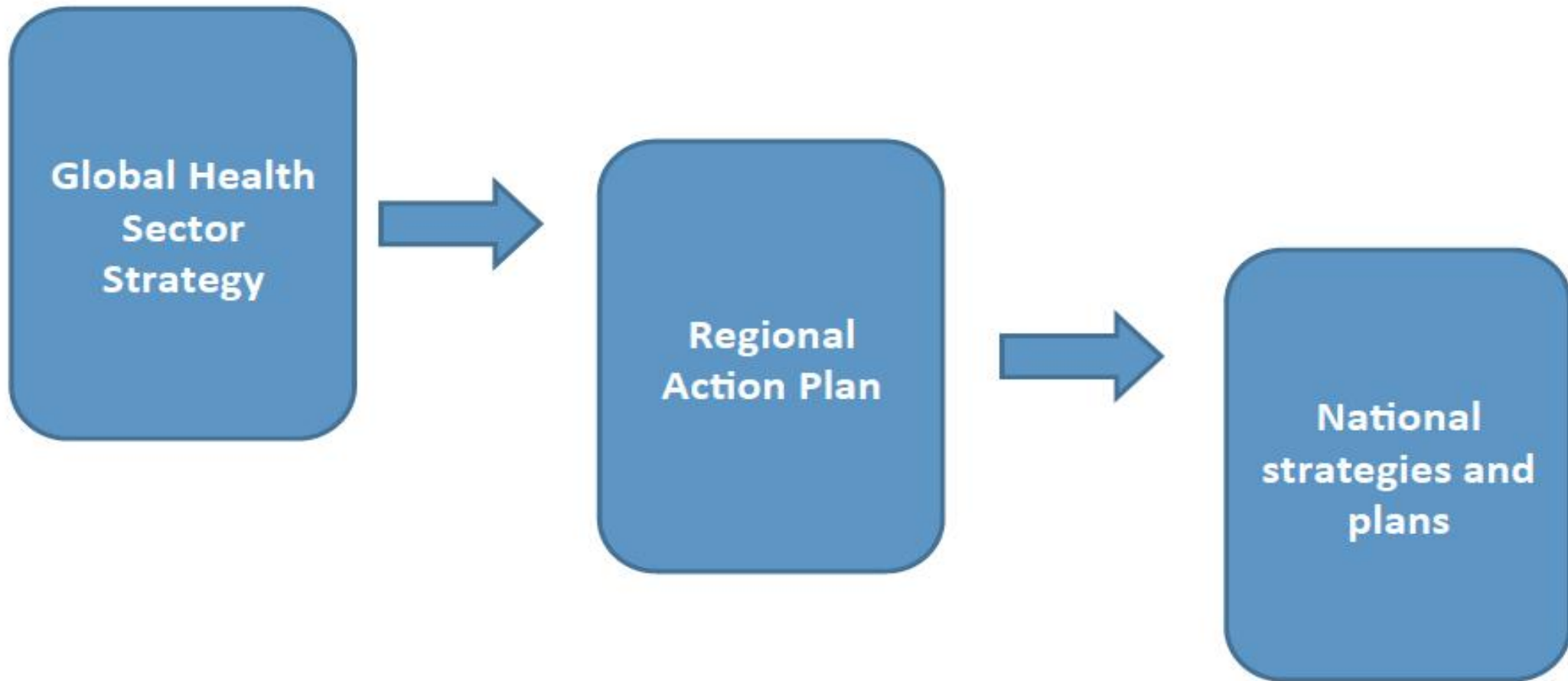
PRIORITIZATION: Factors to be considered in prioritizing treatment

- **Increased risk of death:**
 - advanced fibrosis and cirrhosis
 - post-liver transplantation
- **Risk of accelerated fibrosis:**
 - coinfection with either HIV or hepatitis B virus (HBV)
 - metabolic syndrome
- **Extrahepatic manifestations and evidence of end-organ damage**
 - debilitating fatigue
 - vasculitis and lymphoproliferative disorders
 - Significant psychosocial morbidity (due to stigma, discrimination, fear of transmission to others)
- **Maximizing reduction in incidence:**
 - PWID
 - men who have sex with men (MSM)
 - prisoners
 - sex workers
 - women with childbearing potential
 - health-care workers

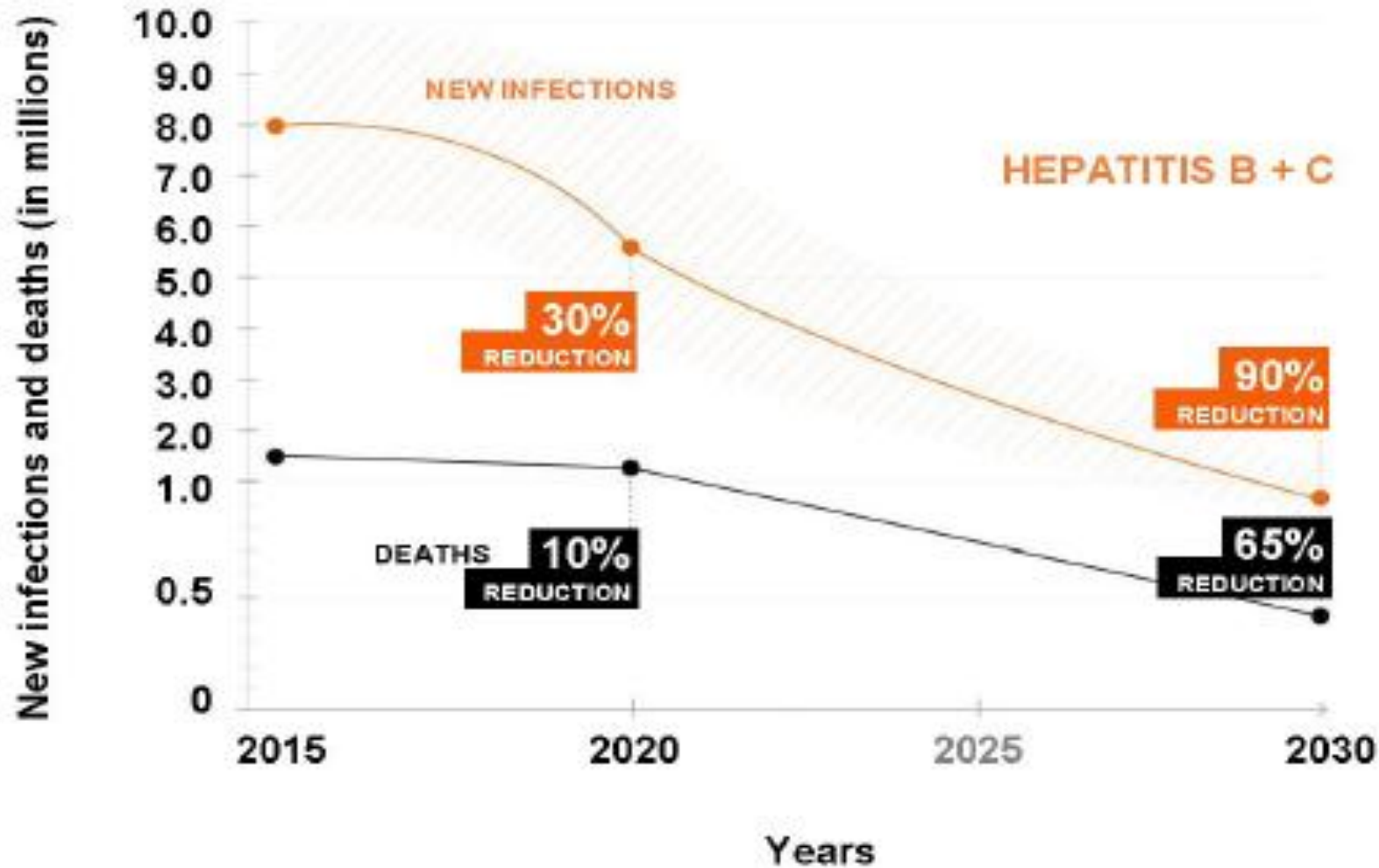
Hepatitis B and C among “most affected population groups” in the WHO European Region, 2012



National plans – for effective and coordinated response



Targets for reducing new cases and deaths from chronic viral hepatitis B and C infections

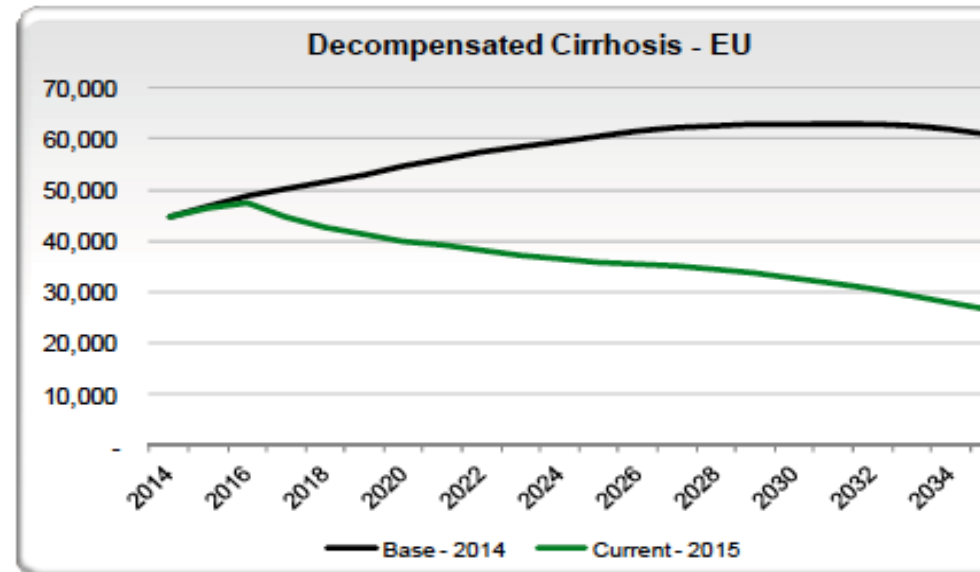
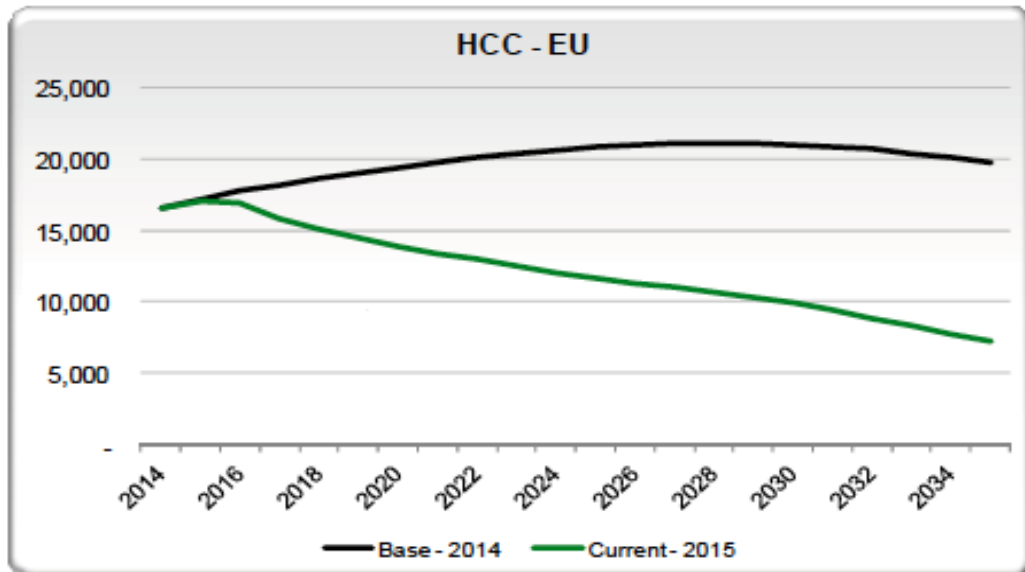
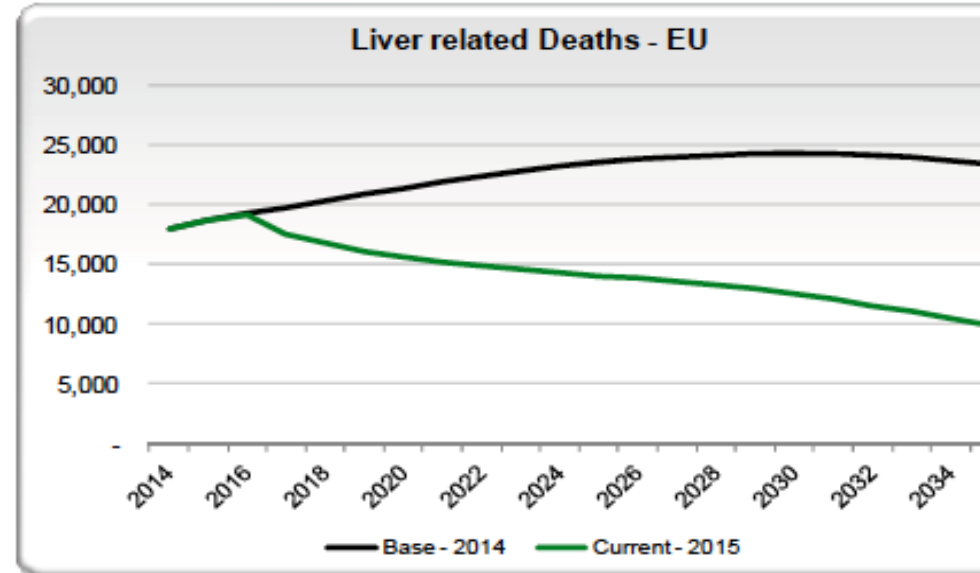
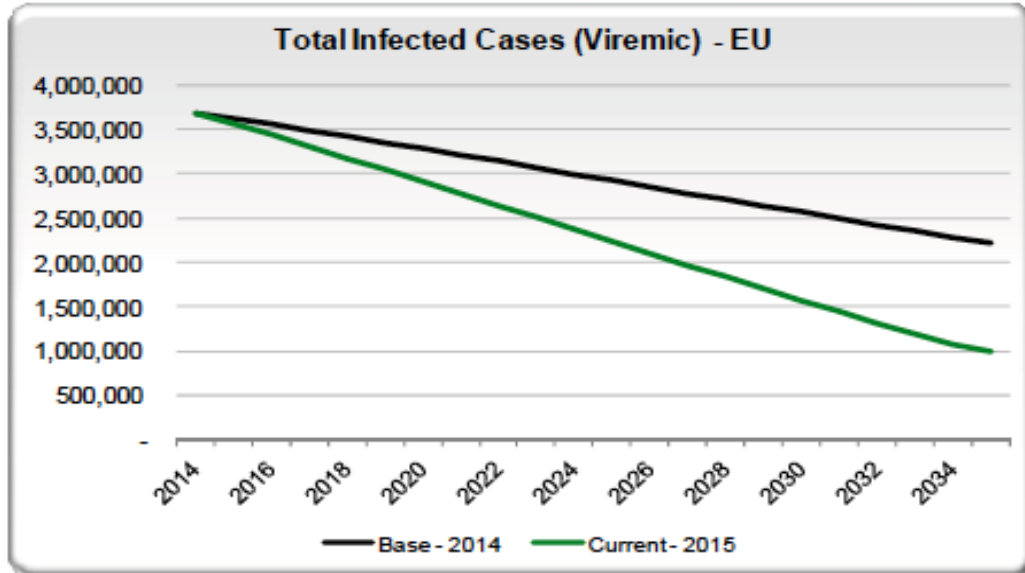


Current 2015 Scenario – Extrapolate future treatment paradigm based on the current (2015) practice

- Switch to direct acting antivirals with higher SVR
- Keep the number of treated constant
- Treatment is limited to those \geq F2 until 2025
- Expand screening to find \geq F2

	2014	2015	2016	2017	2020	2025
Treated	77,630	133,300	133,300	133,300	133,300	133,300
Newly Diagnosed	96,800	101,600	111,800	167,700	243,120	243,120
Fibrosis Stage	\geq F0	\geq F2	\geq F2	\geq F2	\geq F2	\geq F1
New Infections	59,500	64,900	62,900	61,100	59,600	47,600
Treated Age	15-65	15-65	15-65	15-65	15-65	15-65
SVR	57%	75%	85%	90%	90%	90%

HCV infections will decline by 70%,
while HCV related morbidity and mortality will decrease by 45-55%



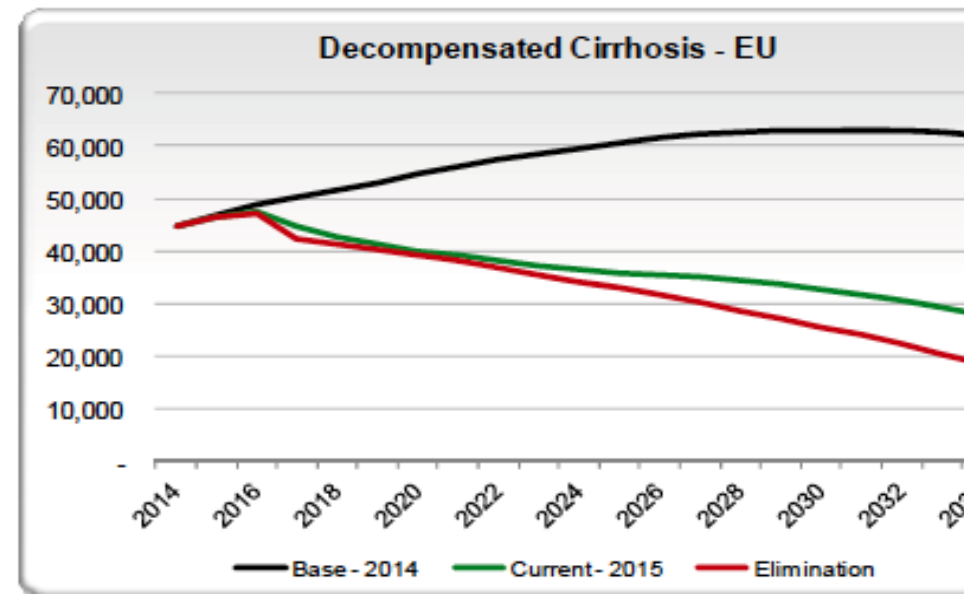
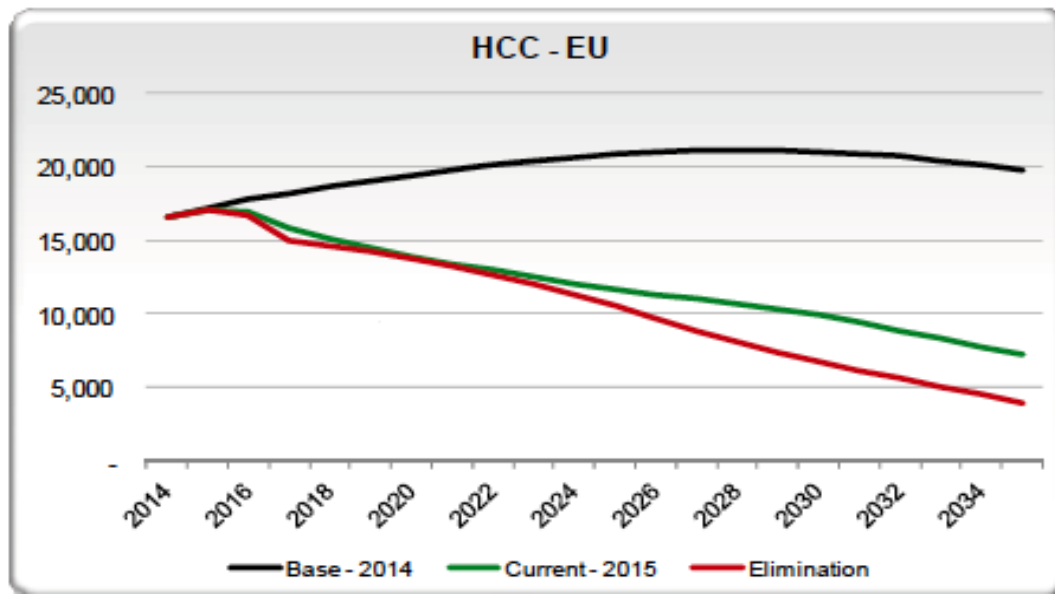
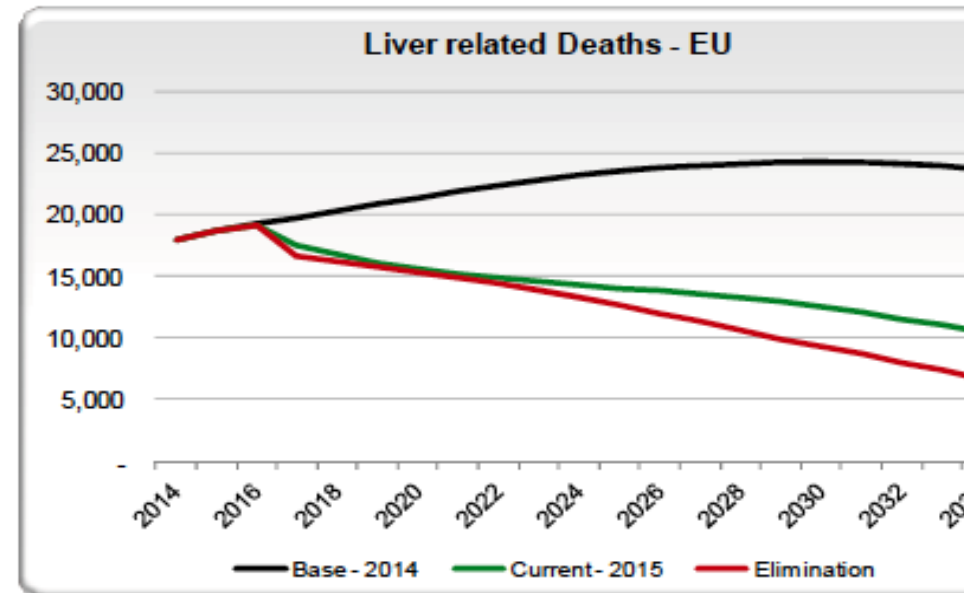
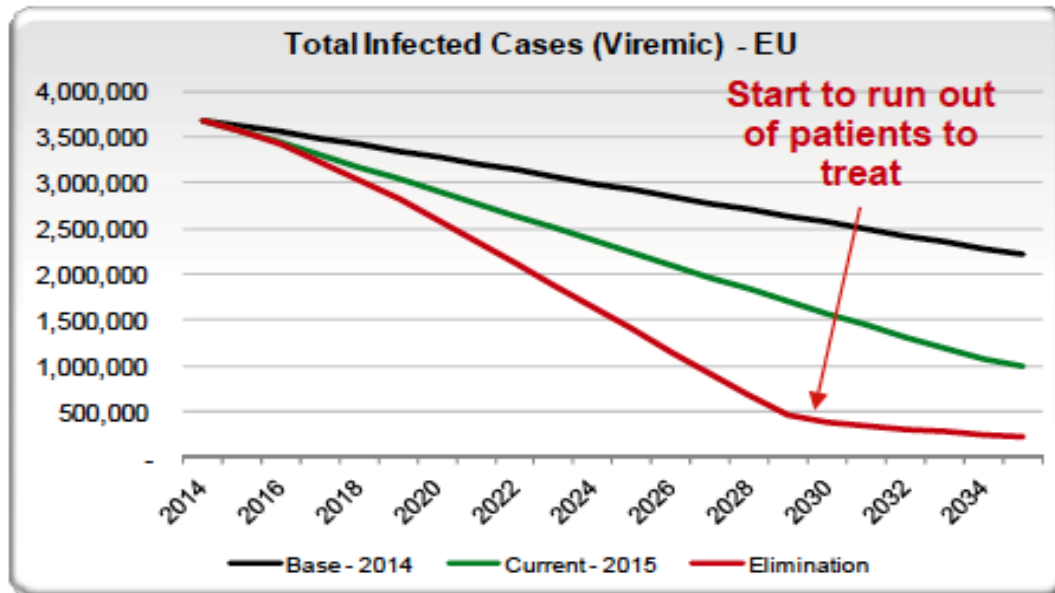
Elimination Scenario – Increase screening, treatment and eligibility to achieve a 90% reduction in new infections (excluding immigration)

- Switch to direct acting antivirals with higher SVR
- Increase treatment to achieve a >60% reduction in liver related deaths, 90% reduction in total & new infections
- Expand screening to find infected individuals to treat
- Expand treatment to all patients (\geq F0)
- Starting in 2017, expand treatment up to age 70

	2014	2015	2016	2017	2020	2025	
Treated	77,630	133,300	159,900	191,900	230,300	230,300	↑
Newly Diagnosed	96,800	101,600	132,100	171,700	188,900	207,800	↑
Fibrosis Stage	\geq F0	\geq F2	\geq F2	\geq F0	\geq F0	\geq F0	↑
New Infections	59,500	64,900	62,900	49,200	33,300	13,300	↓↓↓
Treated Age	15-65	15-65	15-65	15-70	15-70	15-70	↑
SVR	57%	75%	85%	90%	90%	90%	

After 2030, less than 20,000 individuals need to be treated annually

HCV infections will decline 90% by 2030 and 95% by 2035, while LRD will decline 55% by 2030 and 70% by 2035



Conclusions:

- It is feasible to eliminate HCV infection in the European Union
 - » Treatment has to be increased to 6-10% of total infections (coupled with active screening)
 - » To reduce new infections, screening and treatment has to encompass all HCV infected individuals ($\geq F0$) – most new infection occur among younger individuals who are F0 or F1
 - » To reduce liver related deaths, eligibility has to increase to older patients – median age in EU is 54 and in 11 years half of the HCV infected population will be ineligible for treatment (if those above 65 are in-eligible for treatment)
- Since treatments are curative, the number of treated patients and the associated costs is finite
- Treatment of HCV is cost saving (assuming reasonable prices)

Viral hepatitis in Europe: challenges

- Many countries still lack **national strategies / plans**
- **Lack of reliable data** on disease burden in many Member States
- Majority of patients **unaware of their infection**
- Unequal access to **harm reduction** across the Region – resulting in growing epidemics among injecting drug users
- **New treatments** (DAAs) are not accessible to all who are in need in majority of Member States; affordability and sustainability