

2021 HIV DRUG CHART

This quick-reference chart compares antiretroviral (ARV) options for the treatment of HIV, including adult dosing and dietary restrictions. Visit poz.com/drugchart for more info.

*Generic version available in the U.S. (Pills not shown actual size)

Complete Regimens



ATRIPLA *
efavirenz + tenofovir disoproxil fumarate + emtricitabine
One tablet once a day. Each tablet contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.



BIKTARVY
bictegravir + tenofovir alafenamide + emtricitabine
One tablet once a day. Each tablet contains 50 mg bictegravir + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.



CABENUVA
cabotegravir + rilpivirine
A long-acting injectable regimen administered as two intramuscular injections every four weeks (or eight weeks pending FDA approval) after a one-month lead-in period with oral Vocabria (cabotegravir) + Edurant (rilpivirine). Take with food.



COMPLERA
rilpivirine + tenofovir disoproxil fumarate + emtricitabine
One tablet once a day. Each tablet contains 25 mg rilpivirine + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with a meal.



DELSTRIGO
doravirine + tenofovir disoproxil fumarate + lamivudine
One tablet once a day. Each tablet contains 100 mg doravirine + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.



DOVATO
dolutegravir + lamivudine
One tablet once a day. Each tablet contains 50 mg dolutegravir + 300 mg lamivudine. Take with or without food.



GENVOYA
elvitegravir + cobicistat + tenofovir alafenamide + emtricitabine
One tablet once a day. Each tablet contains 150 mg elvitegravir + 150 mg cobicistat + 10 mg tenofovir alafenamide + 200 mg emtricitabine. Take with food.

Nucleoside/Nucleotide Reverse Transcriptase Inhibitors (NRTIs, or nukies)



CIMDUO
tenofovir disoproxil fumarate + lamivudine
One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.



COMBIVIR *
zidovudine + lamivudine
One tablet twice a day. Each tablet contains 300 mg zidovudine + 150 mg lamivudine. Take with or without food.



DESCOVY
tenofovir alafenamide + emtricitabine
One tablet once a day. Each tablet contains 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with or without food.



EMTRIVA *
emtricitabine (also known as FTC)
One 200 mg capsule once a day. Take with or without food.



EPIVIR *
lamivudine (also known as 3TC)
One 300 mg tablet once a day, or one 150 mg tablet twice a day. Take with or without food. Also approved for the treatment of hepatitis B virus but at a lower dose. People living with both viruses should use the HIV dose.



EPZICOM *
abacavir + lamivudine
One tablet once a day. Each tablet contains 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.



RETROVIR *
zidovudine (also known as AZT)
One 300 mg tablet twice a day. Take with or without food.



TEMIXYS
tenofovir disoproxil fumarate + lamivudine
One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take with or without food.



TRUVADA *
tenofovir disoproxil fumarate + emtricitabine
One tablet once a day. Each tablet contains 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with or without food.

Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs, or non-nukes)



EDURANT
rilpivirine
One 25 mg tablet once a day. Take with food.



INTELENCE
etravirine
One 200 mg tablet twice a day. Take with food.



PIFELTRO
doravirine
One 100 mg tablet once a day. Take with or without food.



SUSTIVA *
efavirenz
One 600 mg tablet once a day, or three 200 mg capsules once a day. Take on an empty stomach or with a low-fat snack. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.

Protease Inhibitors (PIs)



EVOTAZ
atazanavir + cobicistat
One tablet once a day. Each tablet contains 300 mg atazanavir + 150 mg cobicistat. Take with food.



KALETRA *
lopinavir + ritonavir
Two tablets twice a day, or four tablets once a day, depending on HIV drug resistance. Each tablet contains 200 mg lopinavir + 50 mg ritonavir. Take with or without food.



PREZCOBIX
darunavir + cobicistat
One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat. Take with food.



PREZISTA
darunavir
One 800 mg tablet (or two 400 mg tablets) plus one 100 mg Norvir tablet once a day, or one 600 mg tablet plus one 100 mg Norvir tablet twice a day, depending on drug resistance. Take with food.



JULUCA
dolutegravir + rilpivirine
One tablet once a day. Each tablet contains 50 mg dolutegravir + 25 mg rilpivirine. Take with a meal.



ODEFSEY
rilpivirine + tenofovir alafenamide + emtricitabine
One tablet once a day. Each tablet contains 25 mg rilpivirine + 25 mg tenofovir alafenamide + 200 mg emtricitabine. Take with a meal.



STRIBILD
elvitegravir + cobicistat + tenofovir disoproxil fumarate + emtricitabine
One tablet once a day. Each tablet contains 150 mg elvitegravir + 150 mg cobicistat + 300 mg tenofovir disoproxil fumarate + 200 mg emtricitabine. Take with food.



SYMFI AND SYMFI LO
efavirenz + tenofovir disoproxil fumarate + lamivudine
One tablet of either Symfi or Symfi Lo once a day. Each tablet of Symfi contains 600 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Each tablet of Symfi Lo (above) contains 400 mg efavirenz + 300 mg tenofovir disoproxil fumarate + 300 mg lamivudine. Take on an empty stomach. Dose should be taken at bedtime to minimize dizziness, drowsiness and impaired concentration.



SYMITUZA
darunavir + cobicistat + tenofovir alafenamide + emtricitabine
One tablet once a day. Each tablet contains 800 mg darunavir + 150 mg cobicistat + 10 mg tenofovir alafenamide + 200 mg emtricitabine. Take with food.



TRIUMEQ
dolutegravir + abacavir + lamivudine
One tablet once a day. Each tablet contains 50 mg dolutegravir + 600 mg abacavir + 300 mg lamivudine. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.



VIREAD*
tenofovir disoproxil fumarate
One 300 mg tablet once a day. Take with or without food.



ZIAGEN*
abacavir
One 300 mg tablet twice a day, or two 300 mg tablets once a day. Take with or without food. Should be used only by individuals who are HLA-B*5701 negative.



RUKOBIA
fostemsavir
One 600 mg tablet twice a day for people with HIV treatment experience. Take with or without food.



SELZENTRY
maraviroc
One 150 mg, 300 mg or 600 mg tablet twice a day, depending on other meds used, for people with HIV treatment experience. Take with or without food.



TROGARZO
ibalizumab
A long-acting injectable administered intravenously as a single loading dose of 2,000 mg followed by a maintenance dose of 800 mg every two weeks for people with HIV treatment experience.



NORVIR*
ritonavir
Six 100 mg tablets twice a day. The full dose of Norvir is rarely used. It is most often used at lower doses to boost the levels of other ARVs in the blood. Take with food.



TYBOST
cobicistat
One 150 mg tablet once a day in combination with ARVs that require boosting. Used only to boost other drugs. Take with food.



REYATAZ*
atazanavir
Two 200 mg capsules once a day, or one 300 mg capsule plus one 100 mg Norvir tablet once a day. Take with food.



ISENTRESS
raltegravir
Two 600 mg Isentress HD tablets (above) once a day for those who are treatment naive or whose virus has been suppressed on an initial regimen of Isentress. One 400 mg Isentress tablet twice daily for people with HIV treatment experience. Take with or without food.



TIVICAY
dolutegravir
One 50 mg tablet once a day for those first starting ARV therapy or for those who have not used an integrase inhibitor in the past. One 50 mg tablet twice a day for treatment-experienced individuals who have HIV that is resistant to other integrase inhibitors and when taken with certain ARVs. Take with or without food.



VOCABRIA
cabotegravir
One 30 mg tablet taken once a day with once-daily Edurant for a month as a lead-in regimen before switching to Cabenuva injections or for short-term treatment. Take with food.

These antiretroviral medications are rarely prescribed and no longer recommended:



APTIVUS
tipranavir



CRIXIVAN
indinavir



FUZEON
enfuvirtide



INVIRASE
saquinavir



LEXIVA
fosamprenavir



TRIZIVIR
abacavir + zidovudine + lamivudine



VIRACEPT
nelfinavir



VIRAMUNE
nevirapine



ZERIT
stavudine



START HIV TREATMENT.



HELP PROTECT YOUR HEALTH.

There is no cure for HIV, but find out how treatment helps make it possible to live a healthier life.



SEE INSIDE





A HEALTHIER LIFE CAN START WITH HIV TREATMENT.

It's important to start HIV treatment as soon as possible and stick with it. When you do, it helps stop the damage HIV causes. Plus, doctors and scientists have found that it can help reduce the risk of some infections, certain cancers, and even AIDS.

TREATMENT HELPS PREVENT THE SPREAD OF HIV.

If you're living with HIV, a major goal is to get your viral load to undetectable. This means that there is so little virus in the blood that a test can't measure it. How can you get to and stay undetectable? By taking HIV treatment every day.

Current research shows that getting to and staying undetectable prevents the spread of HIV to others through sex.



TALK TO YOUR HEALTHCARE PROVIDER.

Have an open conversation. There's no cure for HIV, but when you work together it helps your healthcare provider find the treatment that's right for you.



WATCH "HIV: It's Called Treatment as Prevention"

Learn about Treatment as Prevention (TasP) and see how staying on treatment can help protect you and the people you care about.

[YouTube.com/HelpStopTheVirus](https://www.youtube.com/HelpStopTheVirus)



STOPPING THE VIRUS CAN START WITH YOU.

Watch videos, share information, and see how we can all help stop the virus.

[HelpStopTheVirus.com](https://www.HelpStopTheVirus.com)

[YouTube.com/HelpStopTheVirus](https://www.youtube.com/HelpStopTheVirus)

STOP THE VIRUS.



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